

CA Heritage Group Plants List

February to September 2024

Common Name	Scientific Name	Castle Grounds	Priory Field	River Nar Footpath	Comm on Lane*
American Willowherb	<i>Epilobium ciliatum</i>	✓			
Beaked Hawk's-beard	<i>Crepis vesicaria</i>		✓		
Bittersweet	<i>Solanum dulcanara</i>			✓	
Black Horehound	<i>Ballota nigra</i>	✓		✓	
Black Medick	<i>Medicago lupulina</i>	✓			
Black Nightshade	<i>Solanum nigra</i>	✓			
Blackthorn, Sloe (Flowers)	<i>Prunus spinosa</i>	✓			
Blackthorn, Sloe (Fruit)	<i>Prunus spinosa</i>	✓			
Bluebell	<i>Hyacinthoides non-scripta</i>	✓			
Bramble, Blackberry (Flowers)	<i>Rubus fruticosus</i> agg.	✓	✓	✓	✓
Bramble, Blackberry (Fruit)	<i>Rubus fruticosus</i> agg	✓			
Broad-leaved Dock	<i>Rumex obtusifolios</i>	✓			
Bulbous Buttercup	<i>Ranunculus bulbosus</i>	✓			
Burnet Saxifrage	<i>Pimpinella saxifraga</i>	✓			
Cleavers, Goosegrass	<i>Galium aparine</i>	✓	✓	✓	✓
Common Bird's-foot Trefoil	<i>Lotus corniculatus</i>	✓			
Common Calamint	<i>Clinopodium ascendens</i>	✓			
Common Cat's Ear	<i>Hypochaeris radicata</i>	✓	✓		
Common Comfrey	<i>Symphytum officinale</i>				✓
Common Cudweed	<i>Filago vulgaris</i>		✓		
Common Dog Violet	<i>Viola riviniana</i>	✓			
Common Gromwell	<i>Lithospermum officinale</i>	✓			
Common Groundsel	<i>Senecio vulgaris</i>	✓			
Common Hawkweed	<i>Hieracium vulgatum</i>	✓			
Common Knapweed	<i>Centaurea nigra</i>	✓			
Common Mallow	<i>Malva sylvestris</i>	✓			
Common Mouse-ear	<i>Cerastium fontanum</i>	✓	✓		
Common Nettle	<i>Urtica dioica</i>	✓	✓	✓	✓
Common Poppy	<i>Papaver rhoeas</i>	✓			
Common Ragwort	<i>Senecio jacobaea</i>	✓	✓	✓	
Common Sorrel	<i>Rumex acetosa</i>		✓	✓	
Common Vetch	<i>Vicio sativa</i>				✓

Common Whitlowgrass	Draba verna	✓			
Cow Parsley	Anthriscus sylvestris	✓	✓		✓
Cowslip	Primula veris	✓			
Creeping Buttercup	Ranunculus repens	✓	✓		✓
Creeping Cinquefoil	Potentilla reptans	✓	✓		
Creeping Thistle	Cirsium arvense	✓		✓	
Cut-leaved Crane's-bill	Geranium dissectum		✓		
Daffodil	Narcissus	✓			
Daisy	Bellis perennis	✓	✓		
Dame's-violet	Hesperis matronalis	✓			
Dandelion	Taraxacum agg.	✓			✓
Dog Rose (Flowers)	Rosa canina agg.	✓	✓		✓

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Dog Rose (Fruit)	Rosa canina agg.	✓			
Dogwood	Cornus sanguineus	✓	✓		
Dove's-foot Crane's-bill	Geranium molle	✓	✓	✓	
Elderflower	Sambucus nigra	✓	✓	✓	
Field Bindweed	Convolvulus arvensis	✓			
Field Forget-Me-Not	Myosotis arvensis	✓	✓		
Fool's Watercress	Apium nodiflorum			✓	
Garlic Mustard	Alliaria petiolata	✓			✓
Germander Speedwell	Veronica chamaedrys	✓	✓		✓
Great Mullein, Aaron's Rod	Verbascum thapsus	✓	✓		
Great Willowherb	Epilobium hirsutum	✓		✓	
Greater Bird's-foot Trefoil	Latus pedunculatus			✓	
Greater Burdock	Arctium lappa			✓	
Greater Celandine	Chelidonium majus	✓			
Greater Periwinkle	Vinca major	✓			
Green Alkanet	Pentaglottis sempervirens	✓			
Ground-elder	Aegopodium podagraria		✓		✓
Ground Ivy	Glechoma hederacea	✓	✓		✓
Hairy Bittercress	Cardamine hirsuta	✓			
Hairy Rock Cress	Arabis hirsuta	✓			
Harebell	Campanula rotundifolia	✓			
Hart's Tongue Fern	Asplenium scolopendrium	✓			
Hawthorn (Flowers)	Crataegus monogyna	✓			
Hawthorn (Fruit)	Crataegus monogyna	✓			
Hedge Bedstraw	Galium mollugo	✓			
Hedge Bindweed	Calystegia sepium	✓		✓	
Hedge Woundwort	Stachys sylvatica	✓			
Hemp Agrimony	Hemp Agrimony			✓	
Herb Robert	Geranium robertianum	✓		✓	✓
Hoary Mullein	Verbascum pulverulentum	✓			
Hogweed	Heracleum sphondylium	✓	✓	✓	✓
Hop Trefoil	Trifolium campestre	✓			
Horsetail	Equisetum arvense		✓		
Hound's Tongue	Cynoglossum officinale		✓		
Ivy (September Flowers)	Hedera helix	✓			
Ivy-leaved Speedwell	Veronica hederifolia	✓			
Ivy-leaved Toadflax	Cymbalaria muralis	✓			
Lady's Bedstraw	Galium verum	✓			
Lesser Burdock	Arctium minus		✓		
Lesser Calamint	Clinopodium nepeta				
Lesser Celandine	Ranunculus ficaria	✓			✓
Lesser Periwinkle	Vinca minor	✓			

Lords-and-Ladies, Cuckoo Pint	Arum maculatum	✓	✓		
Maidenhair Spleenwort	Asplenium trichomanes	✓			
Marsh Marigold, Kingcup	Caltha palustris				✓
Marsh Woundwort	Stachys palustris			✓	
Meadow Buttercup	Ranunculus acris		✓		
Meadow Vetchling	Lathyrus pratensis			✓	

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Meadowsweet	Filipendula ulmaria		✓		
Nipplewort	Lapsana communis	✓			
Ox-eye Daisy	Leucanthemum vulgare	✓			
Pellitory of the Wall	Parietaria judaica	✓			
Perforate St John's Wort	Hypericum perforatum	✓			
Prickly Lettuce	Lactuca serriola	✓			
Prickly Sow-thistle	Sonchus asper	✓			✓
Procumbent Pearlwort	Sagina procumbens	✓			
Purple Loosestrife	Lythrum salicaria			✓	
Red Campion	Silene dioica		✓		✓
Red Clover	Trifolium pratense	✓			
Red Dead Nettle	Lamium purpureum	✓		✓	✓
Ribwort Plantain	Plantago lanceolata	✓			✓
Rosebay Willowherb	Chamerion angustifolium	✓			
Rough Chervil	Chaerophyllum temulum		✓	✓	
Rough Hawkbit	Leontodon hispidus	✓			
Salad Burnet	Poterium sanguisorba	✓			
Selfheal	Prunella vulgaris	✓			
Sheep's Sorrel	Rumex acetosella	✓			
Silverweed	Potentilla anserina		✓	✓	
Small Scabious	Scabiosa columbaria	✓			
Smooth Hawk's-beard	Crepis capillaris	✓	✓		
Smooth Sow-thistle	Sonchus oleraceus	✓			
Snowdrop	Galanthus nivalis	✓			
Southern Marsh Orchid	Dactylorhiza praetermissa		✓		
Spear Thistle	Cirsium vulgare	✓		✓	
Square Stalked Willowherb	Epilobium tetragonum	✓			
Stonecrop	Sedum	✓			
Thyme-leaved Sandwort	Arenaria serpyllifolium	✓			
Upright Hedge Parsley	Torilis japonica	✓		✓	
Vervain	Verbena officinalis			✓	
Wall Rue	Asplenium ruta-muraria	✓			
Water Dock	Rumex palustris			✓	
Water Mint	Mentha aquatica			✓	
Weld, Dyer's Rocket	Reseda luteola		✓		
White Campion	Silene alba	✓	✓		
White Clover	Trifolium repens	✓	✓	✓	
White Dead Nettle	Lamium album	✓	✓	✓	✓
Wild Cherry (Blossom)	Prunus avium	✓			
Wild Clematis, Old Man's Beard	Clematis vitalba	✓			
Wild Marjoram	Origanum vulgare	✓			
Wild Plum (Flowers)	Prunus domestica	✓			

Wild Thyme	Thymus polytrichus	✓			
Wood Forget-Me-Not	Myosotis sylvatica				✓
Yarrow	Achillea millefolium	✓			
Yellow Iris	Iris pseudacorus				✓

Grasses	Scientific Name	Castle Grounds	Priory Field	River Nar Footpath	Common Lane
Annual Meadow Grass	<i>Poa annua</i>			✓	
Barren Brome	<i>Anisantha sterilis</i>	✓			
Blue Moor Grass	<i>Sesleria caerulea</i>	✓			
Cock's-foot	<i>Dactylis glomerata</i>			✓	
Crested Dog's-tail	<i>Cynosurus cristatus</i>	✓			
Heath Grass	<i>Danthonia decumbens</i>	✓			
Purple Moor Grass	<i>Molinia caerulea</i>			✓	
Tall Oat Grass	<i>Arrhenatherum elatius</i>			✓	
Upright Brome	<i>Bromus erectus</i>		✓		
Timothy	<i>Phleum pratense</i>	✓			
Wood Melick	<i>Melica uniflora</i>	✓			
Wood Small-reed	<i>Calamagrostis epigejos</i>			✓	
Yorkshire Fog	<i>Holcus lanatus</i>	✓	✓	✓	

NOTES

*Common Lane discoveries also include a short area along the footpath of Castle Acre Common

Survey Dates in 2024:

Castle Grounds – 23 Feb, 21 Mar, 23 Apr, 23 May, 28 Jun, 26 Jul, 23 Aug, 24 Sep

Priory Field – 06 Jun

River Nar Footpath – 17 Jul

Common Lane & Castle Acre Common – 09 May